

HEALTH PROFESSIONS OFFICE**RECOMMENDED SCHEDULE FOR TAKING PREMED COURSES**

If you want to enroll in medical school in fall 2009, you must apply in the summer of 2008 and take the MCAT no later than April 2008. You may take the MCAT in August 2008, but taking it this late can have a negative impact on admission to medical school due to “rolling admissions”. There are 24 MCAT test dates in 2009. For the list of courses required for entrance into medical school, please review the MSAR (Medical School Admission Requirements) published by the AAMC (Association of American Medical Colleges).

COURSES TO BE TAKEN BEFORE TAKING THE MCAT:

Please note: Students that come in to UCSB with AP credit need to be aware that some medical schools restrict the use of such credit.

Physics w/ lab	Physics 6A/AL, 6B/BL, 6C/CL or 1, 2, 3/3L, 4/4L (if you can't complete 6C before the MCAT, learn optics on your own)
Chemistry w/ lab	Chemistry 1A/AL, 1B/BL, 1C/CL (or the 2 equivalent)
Biology w/ lab	MCDB 1A/1AL, 1B, MCDB 1BL or EEMB 2L, EEMB 2, EEMB 3/3L
Organic Chemistry	Chemistry 109A, 109B, 109C
Organic Chem. Lab	Chemistry 6AL (Chem 6BL is also required for medical school admission, but does not have to be taken before the MCAT)
Other	MCDB 101A and 108A and 111 (if you can't take this course, learn physiology on your own. You may also want to take an Anatomy course at SBCC – BIOMD 107)

RECOMMENDED SCHEDULE

	Fall:	Winter:	Spring:
Freshman Year:	Chem 1A + 1AL Math 3A or 34A Writing 1	Chem 1B + 1BL Math 3B or 34B Writing 2	Chem 1C + 1CL Math 3C or Stat
Sophomore Year:	MCDB 1A + AL Chem 109A Physics 6A + 6AL	MCDB 1B and EEMB 2 MCDB 1BL or EEMB 2L Chem 109B & Chem 6AL Physics 6B + 6BL	EEMB 3 + 3L Chem 109C & Chem 6BL Physics 6C + 6CL
Junior Year:	MCDB 101A - genetics MCDB 108A - biochemistry *if not a specific Biology major, MCDB 108A is not required for your major, and you can take MCDB 110 as your biochemistry course *EEMB 129 can be taken instead of MCDB 101A and EEMB 154 can be taken instead of MCDB 111	MCDB 111 - physiology	Writing 109HP*

Note: This schedule lists only required pre-med courses, as well as those that help on the MCAT but it does not include general education and major requirements. Because of the competitive nature of the application process, at least three upper-division biology courses should be taken (see medical school requirement sheet).

Please keep in mind the above schedule is only a recommendation. Schedules can be adjusted to meet the needs of individual students. Please consult with the Health Professions Office for suggestions.

*Writing HP 109 gives you extremely valuable assistance in writing your personal statement, which is a very important part of your medical school application. It is offered every quarter but don't postpone it to

the last available quarter because it is always overenrolled. Also keep in mind that 1 more quarter of English is required beyond Writing 2 and Writing 109HP.

RECOMMENDED TIMELINE FOR APPLYING TO MEDICAL SCHOOL

Junior Year

- Enroll in MCAT prep course in summer or in October
- Take MCAT in April/May
- Open up a letter file at Career Services
- AMCAS opens in May – begin filling out application and request to have all transcripts sent from all post-secondary schools you attended
- AMCAS sends out earliest applications on June 5th
- After you receive your MCAT scores and spring quarter grades are in, submit your application – admissions are “rolling”, so the longer you wait, the less chance you have of being admitted. You do not need to wait until grades are on the official transcript.
- If MCAT scores are low, retake MCAT in the summer (there are now multiple test dates)
- Over the summer, verify that all of your letters of recommendation arrived in the Career Services building, and request that letters be sent to schools from whom you received secondary applications and to non-AMCAS schools
- Send back secondary applications as soon as possible after you receive them Remember, the sooner you finish your applications, the better
- Verify with each school to which you applied that your application is complete

Senior Year

- Prepare for interviews in the fall
- If you still haven't heard from a school about the status of your application, call them
- If fall quarter grades are good, send them to all medical schools to which you have applied
- Good luck on all your interviews!
- Accept a school's offer of matriculation
- May 15 is the date by which you have to make a commitment to only one school

Things to keep in mind:

- Volunteer and extra-curricular activities should be started as soon as possible and continued throughout your stay at UCSB
- Look in to doing research with a professor through URCA's FRAP program
- Join the Health Professions Association (hpaucsb@gmail.com)
- Get to know your professors by attending office hours – you'll need them to write letters of recommendation
- Set up your letters of recommendation file at Career Services early

Note: Most allopathic medical schools belong to AMCAS – 114 out of 126 schools participate

All osteopathic medical schools belong to AACOMAS

All Texas medical schools (MD and DO), except Baylor, use TMDSAS

Note: This is just a recommended timetable. Many students push this back a year in order to take a year off between college and medical school to travel, work, fill in gaps, etc.